



WELCOME TO THE MATERNITY AND CHILD HEALTH CLINIC (NEUVOLA)!

You have reserved an appointment at the maternity clinic: _____ at ____:_____.

We welcome you alone or with a partner/support person to discuss everything related to this change in your life. Our services are geared towards anyone who is expecting and to families with children up to 6 years of age.

Please fill in the enclosed forms as well as you are able before arriving to the health clinic. The public health nurse will go through the forms together with you.

The monitoring of standard pregnancies includes two ultrasound appointments at the maternity ward. The first ultrasound takes place between weeks 11–13 of the pregnancy. Your appointment will be scheduled based on a referral from the maternity clinics first appointment.

Most of your maternity clinic appointments will be with a public health nurse. You will have fewer appointments during the beginning stages of the pregnancy, but more often as the pregnancy progresses and based on individual need. Standard pregnancies include also two check-ups with a doctor and a meeting with a family worker.

Additionally, the maternity clinic handles various interviews related to mental health, substance abuse and domestic violence.

We warmly welcome you to our clinic!

KIND REGARDS

Your public health nurse

Keravan neuvola/Sampolan palvelukeskus
Kultasepäntäti 7,
04250 Kerava

Tel. 040-318 3022

Monday-Thursday 8-15
Friday 8-13
(No text messages)